

# CHARITON COURIER,

A. C. VANDIVER PROPRIETOR.

KEYTESVILLE, MISSOURI.

## The Diet of Strong Men.

The Roman soldiers who built such wonderful roads and carried a weight of armor and luggage that would crush the average farm hand, lived on coarse brown bread and sour wine. They were temperate in diet and regular and constant in exercise. The Spanish peasant works every day and dances half the night, yet eats only his black bread, onions and watermelon. The Smyrna porter eats only a little fruit and some olives, yet he walks off with his load of a hundred pounds. The coolie, fed on rice, is more active and can endure more than the negro fed on fat meat. The heavy work of the world is not done by men who eat the greatest quantity. Moderation in diet seems to be the prerequisite of endurance.—Scientific American.

## "A Word to the Wise is Sufficient."

Catarrh is not simply an inconvenience, unpleasant to the sufferer and disgusting to others—it is an advanced outpost of approaching disease of worse type. Do not neglect its warning; it brings deadly evils in its train. Before it is too late, use Dr. Sage's Catarrh Remedy. It reaches the seat of the ailment, and is the only thing that will. You may dose yourself with quack medicines till it is too late—till the streamlet becomes a resistless torrent. It is the matured invention of a scientific physician. "A word to the wise is sufficient."

An international conference of medical men was lately held in London, at which the best method of treating inebriety had a prominent place. The London Christian World says: "The key-note struck by the president in his opening address, that inebriety is a disease, for which the only cure is the total separation of the sufferer from the object of his craving until a complete cure has been effected, and the organs damaged by the action of alcohol have been restored to their normal condition, was generally indorsed as established by the observation of those who had thoroughly studied the question from a scientific standpoint. The results of the treatment of inebriates at the Dalrymple Home at Rickmansworth, and at similar homes in America, show that cure is possible; but it was strongly urged that further legislation is necessary to permit of drunkards being placed compulsorily in such homes."

Drunkennes or the Liquor Habit Positively Cured by administering Dr. Haines' Golden Specific.

It can be given in a cup of coffee or tea without the knowledge of the person taking it; is absolutely harmless and will effect a permanent and speedy cure, whether the patient is a moderate drinker or an alcoholic wreck. Thousands of drunkards have been taken Golden Specific in their coffee without their knowledge, and to-day believe they quit drinking of their own free will. IT NEVER FAILS. The system once impregnated with the Specific it becomes an utter impossibility for the liquor appetite to exist. For full particulars, address GOLDEN SPECIFIC CO., 185 Race st., Cincinnati, O. 38ly

Thomas Cook, the organizer of Cook's tours, has been a total abstainer for fifty years, declaring that in his numerous voyages in all parts of the world he has been faithful to his pledge, and has never suffered thereby.

Astonishing Success. It is the duty of every person who has used Roschke's German Syrup to let its wonderful qualities be known to their friends in curing Consumption, severe Colds, Croup, Asthma, Pneumonia, and in fact, all throat and lung diseases. No person can use it without immediate relief. Three doses will relieve any case, and we consider it the duty of all druggists to recommend it to the poor, dying consumptive, at least to try one bottle, as 80,000 dr.-bottles were sold last year, and no one case where it failed was reported. Such a medicine as the German Syrup cannot be too widely known. Ask your druggist about it. Sample bottles to try, 5c. and 10c. Regular size 75c. Sold by all Druggists and Dealers in the United States and Canada.

"Why should I arrest him, since by getting drunk he supports the government?" This was the answer a native policeman returned to a missionary who had complained about a drunken, disorderly native.—The Indian Witness, Calcutta.

## Their Business Booming.

Probably no one thing has caused such a general revival of trade at W. C. Gaston & Co.'s drug store as their giving away to their customers of so many free trial bottles of Dr. King's New Discovery for Consumption. Their trade is simply enormous in this very valuable article from the fact that it always cures and never disappoints. Coughs, colds, asthma, bronchitis, croup, and all throat and lung diseases quickly cured. You can test it before buying by getting a trial bottle free. Every bottle warranted. 2414

Dr. McGILVER is to have a newspaper, to be called the Evening Standard, at New York.

ROBERT G. HUNT, the grand master Mason of Missouri, has sent forth an edict to subordinate lodges to expel all who engage in the liquor selling business. The grand lodge of the state, in session of 1882, adopted the following resolution: Resolved: That the business of saloon-keeping is hereby declared a Masonic offense, and those engaged in it are liable to be dealt with for unmaisonic conduct." The law remained a dead letter until the election of Robert G. Hunt, of Warrensburg, last October.

The Richest Man in the World would be poor without health. The dying millions are consumptive would exchange all he is worth for a new lease of life. He would have had it for a song had he used Dr. Pierce's "Golden Medical Discovery" before the disease had reached its last stages. This wonderful preparation is a positive cure for consumption if taken in time. For all diseases of the throat and lungs it is unequalled. All druggists.

Sixty deaths from alcoholism occurring within a few days at Kansas City recently, led to an investigation. Barrel-house whisky, at five cents a glass, was the cause. The whisky was adulterated, and contained large quantities of aconite and arsenic.

## Bucklen's Arnica Salve.

The best Salve in the world for Cuts, Bruises, Sores, Ulcers, Salt Rheum, Fever Sores, Tetter, Chapped Hands, Chilblains, Corns, and all Skin Eruptions, and positively cures Piles, or no pay required. It is guaranteed to give perfect satisfaction, or money refunded. Price 25 cents per box. For sale by W. C. Gaston & Co. 15ly

Some startling statistics have just been published relative to the growth of alcoholism in France. An authority has estimated at one milliard (\$40,000,000) the amount of intoxicating liquors consumed by the working classes in that country annually.

A GIFT.—Go to Martin & Applegate druggists, Keytesville, and get a bottle FREE of the Great South American Nervine Tonic and Stomach and Liver cure. It is by all odds the most powerful and astonishing cure for disease, all forms of weakness and failing health ever imported into North America. This cures when everything else fails.

READ TESTIMONIAL BELOW. Ed. J. Brown, druggist, of Edina, Mo., writes: "My health had been very poor for years. I only weighed 110 pounds when I commenced using 'Nervine Tonic.' I have used two bottles and now weigh 130 pounds, and am much stronger and better than he has been for 5 years. My customers see what it has done for me and buy it eagerly. It gives great satisfaction. 6-ly

It is announced that the superintendent of the Schuykill division of the Reading railroad has directed the summary dismissal of any man who is reported to have been seen drinking a single glass of spirits or beer, even when off duty.

## Children Starving to Death

On account of their inability to digest food, will find a most marvelous food and remedy in Scott's Emulsion of Pure Cod Liver Oil with Hypophosphites. Very palatable and easily digested. Dr. S. W. Cohen, Waco, Texas, says: "I have used your Emulsion in infantile wasting with good results. It not only restores wasted tissues, but gives strength and increases the appetite. I am glad to use such a reliable article." Dr. Charles C. Garrett, Calvert, Texas, says: "I have used your Emulsion for over a year, and have derived much benefit from it in the marasmus of children, being tortured by the stomach when all other medicaments were rejected. 2514

CORNEILL university has lost the Fisk-McGraw lawsuit, which involved the validity of legacies amounting to over \$1,000,000.

## Children

Often need some safe cathartic and tonic to avert approaching sickness or to relieve colic, headache, sick stomach, indigestion, dysentery and the complaints incident to childhood. Let the children take Simmons Liver Regulator and keep well. It is purely vegetable, not unpleasant to the taste and safe to take alone or in connection with other medicine. The Genuine has our Trade Mark "Z" in red on front of wrapper. J. H. Zeilin & Co., Philadelphia, Pa. 2514

New York firemen are to make an excursion to San Francisco.

Children Cry for Pitcher's Castoria.

When Baby was sick, we gave her Castoria. When she was a Child, she cried for Castoria. When she became a Woman, she clung to Castoria. When she had Children, she gave them Castoria.

# CASTORIA

for Infants and Children.

"Castoria is so well adapted to children that I recommend it as superior to any preparation known to me." H. A. AUSTIN, M.D., 111 So. Second St., Brooklyn, N. Y.



## DYSPEPSIA

Up to a few weeks ago I considered myself the champion Dyspeptic of America. During the years that I have suffered I have tried almost everything claimed to be a specific for Dyspepsia in the hope of finding something that would afford permanent relief. I had about made up my mind to abandon all medicines when I noticed an endorsement of Simmons' Liver Regulator by a prominent Georgian, a jurist whom I know, and concluded to try its effects in my case. I have used but two bottles, and am satisfied that I have struck the right thing at last. I felt its beneficial effects almost immediately. Unlike all other preparations of a similar kind, no special instructions are required as to what one shall or shall not eat. This fact alone ought to commend it to all troubled with Dyspepsia.

J. N. HOLMES, Vineland, N. J.

## CONSTIPATION

To Secure a Regular Habit of Body without changing the Diet or Disorganizing the System, take

### SIMMONS' LIVER REGULATOR

ONLY GENUINE MANUFACTURED BY J. H. ZEILIN & CO., Philadelphia.



## MERRELL'S FEMALE TONIC

Is prepared solely for the cure of complaints which afflict all womanhood. It gives tone and strength to the uterine organs. It is of great value in clearing the system of impurities, and in restoring the system to its normal condition. It is a powerful and reliable remedy for all female ailments. Price 25 cents per bottle. For sale by J. H. Zeilin & Co., Philadelphia.

FOR ALL DISORDERS OF THE Stomach, Liver and Bowels TAKE

## PACIFIC LIVER PILLS

STRICTLY VEGETABLE. Cure Constipation, Indigestion, Dyspepsia, Piles, Sick Headache, Liver Complaints, Loss of Appetite, Biliousness, Nervousness, Jaundice, etc. For sale by all Druggists. Price 25 cents per box. PACIFIC MANUFACTURING CO., ST. LOUIS, MO. 20ly

## NEW ADVERTISEMENTS.

PATENTS. A. LEHMANN, Washington, D. C. Send for circular.

## DEAFNESS

its cause, and a new and successful CURE at your own home, by one who was deaf 28 years. Treated by most of the noted specialists without benefit. Cured himself in three months, and since then hundreds of others. Full particulars sent on application. T. S. PAGE, 41 W. 31st St., New York.

## CONSUMPTIVE

Have you Cough, Bronchitis, Asthma, Indigestion, etc. Take Dr. King's New Discovery. It is a powerful and reliable remedy for all consumptive ailments. Price 25 cents per bottle. For sale by all Druggists.

## KASKINE!

THE NEW QUININE. GIVES Good Appetite, New Strength, Quiet Nerves, Happy Days, Sweet Sleep.



## A POWERFUL TONIC

A SPECIFIC FOR MALARIA RHEUMATISM. NERVOUS PROSTRATION. and all Germ Diseases.

THE MOST SCIENTIFIC AND SUCCESSFUL BLOOD PURIFIER. Superior to quinine. Rev. Wm. Jones, Boston Church, Bayonne, O., writes: "I cordially endorse Kaskine as being just what you claim, an excellent substitute for quinine, with none of its bad effects. My lungs had a serious form of malaria, and was confined to my bed for months. Kaskine had me up and around in a few days, and in a short time cured me." Laid in the maternal district of Maryland. I became a victim of worst form of malarial fever. I dragged myself with quinine and other remedies without avail. I was greatly reduced when I heard of Kaskine. To my surprise I found a medical revolution in me. It cured me and I have not had a return of the trouble. (Prof. D. H. Hild, D. A., Asst. Chemist, Maryland Agri. Expt. Sta.) Kaskine can be taken without any special medical advice. It is the healthiest and best medicine for all ailments. It is sold by all druggists or sent by mail on receipt of price. KASKINE CO., 54 Warren St., New York.

COLE YOUNGER, the notorious Missouri bandit, now serving a life sentence in the Minnesota penitentiary is about to engage in journalism. A weekly paper is to be started in the connection with which he will be associate editor. Lew Schoemaker, another convict, will be editor in chief. The Youngers are taking hold of the learned professions. Cole is an editor and Bob a preacher. The other brother seems to be the family food, and contents himself with making the endless chain for grain threshers.—Carrollton Democrat.

Remember, when in need of groceries, that Chapman & Agee will not be undersold.

DELICATE diseases of either sex, however induced, promptly, thoroughly and permanently cured. Send 10 cents in stamps for large illustrated treatise, suggesting sure means of cure. Address, World's Dispensary Medical Association, 663 Main street, Buffalo, N. Y.

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For further particulars inquire of your Cough Ticket Agent.

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For full particulars and directions see Circular in every pound of Arbuckle's Coffee.

A. W. JOHNSON, Attorney at Law and Notary Public Will practice in all the State Courts.

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This old English Family Medicine is used for 86 years, all over the world, for Bile, Indigestion, Liver, &c. Of Pure Vegetable Ingredients. FREE FROM MERCURY.

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Loans Made Without Delay, When Title is Perfect. Agent of German Insurance Company. Office in Scott & Parks' Dry Goods Store, Keytesville, Mo.

Smith's BILE BEANS purify the blood, by setting directly and positively on the Liver, Skin and Kidneys. They consist of a vegetable combination that has no equal in medical science. They cure Constipation, Malaria, and Dyspepsia, and are a safeguard against all forms of fever, chills and fever, gall stones, and Bright's disease. Send a cents postage for a sample package and test the TRUTH of what we say. Price, 25 cents per bottle. J. P. SMITH & CO., PROPRIETORS, ST. LOUIS, MO.

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